Steps to use monkey from command prompt

# Step 1 : Place the project file into the folder which contains adb

eg. C:\Kala\Android-Essential-Software-Packages\adt-bundle-windows-x86\adt-bundle-windows-x86\sdk\platform-tools

# Step 2 :Execute the below command to run the stress testing

adb shell monkey <options> <<packagename>> <options> <number of events>

eg. adb shell monkey -p com.example.circlearea -v 1000